

Hunstanton Helping Hands Café



Volunteers Wanted
Monday's 10 am – 1 pm
Community Hub,
Hunstanton Town Hall

You'll be working with the Hunstanton Helping Hands Café coordinator to enable the smooth running of the new **Hunstanton Helping Hands Café**.

Location: Community Hub, Lower Floor, Town Hall, Hunstanton.

Hours: typically 3 or 4 - 1 day per week

Purpose of the role: To provide support to the Hunstanton Helping Hands Café coordinator to enable the smooth running of the Café.

What will I get out of it?

- You will meet new people.
- You will be involved in a rewarding volunteering role.
- It gives you a routine.
- You will have the opportunity to improve your communication skills.
- You will be given full training for the role and opportunities to attend training courses for free like Dementia Awareness training.
- You will be helping to support older people in the community.
- You will be part of a close-knit team of volunteers.

What is required of me? Our Hunstanton Helping Hands Café volunteers are required to have a patient and understanding attitude when they are helping to support our friends.

We require our volunteers to commit to one session of volunteering per month but don't worry if you are not well or are on holiday, we can always arrange cover.

- Helping to set up the café beforehand including moving chairs and tables
- Welcoming people as they arrive
- Providing refreshments, teas, coffee, biscuits etc
- Talking and supporting people whilst taking part in group activities
- Helping to run and support session activities
- Helping to clear away after the session

As a volunteer at Hunstanton Helping Hands Café you will receive a full induction and training for your specific role and a DBS check & Food Hygiene training where necessary.